

Isolation Times



REEPHAM & WENSUM VALLEY
TEAM CHURCHES



12th July 2020—Edition 16

Attlebridge/Alderford ♦ Bylaugh ♦ Elsing ♦ Gt & Lt Witchingham ♦ Lyng ♦ Reepham ♦ Salle ♦ Sparham ♦ Swannington ♦ Thurning ♦
Weston Longville ♦ Wood Dalling

Today marks our first service of public worship in the benefice for over 3 months. We are looking forward to welcoming you to St Mary's, Reepham for Holy Communion at 10.30am on Sunday 12th, Sunday 18th and Sunday 26th July.

Social distancing measures will be in place and we are sorry to say that for the time being we will be **unable to serve coffee after the service or sit inside with our own drinks from home**. However we are able to chat outside after the service with social distancing in place.

For those who are unable to attend, the service will be recorded and will be available on the website's Virtual Church page from late afternoon on Sunday.

We are aware that for some people in our benefice there may still be some anxiety about returning to public worship. Therefore, from August we will be holding a weekly **Holy Communion service on Wednesdays at 11am** for those who may not feel comfortable mixing with larger numbers of people on Sundays or who have previously been shielding. The service will be held in the Chancel at St Mary's which will be roped off so that only those attending on a Wednesday will use this part of the church.

We look forward to celebrating the marriage of

Teisha and Tim at St Mary's Bylaugh on
Saturday 18th July.

*May God grant you all of life's blessings and love's
joys.*



Changes to our Ministry Team

From 1st September, Rev'd Keith and Rev'd Helen will be swapping roles, with Rev'd Helen becoming Team Rector and Rev'd Keith becoming Team Vicar. This allows Rev'd Keith more time for his Rural Dean role as well as his Chaplaincy role at the High School. Parish responsibilities will remain the same, their rest day will change to Friday.

We are delighted to announce that **Rev'd Judith Sweetman**, who already holds PTO in the benefice, will be joining us part-time on a formal licenced basis. She will work Friday to Sunday and provide pastoral care in the benefice, particularly in Reepham. A commissioning service will be held by Bishop Jonathan on **1st September at 7.30pm at St Mary's Reepham**.

Also, after two years of training we are thrilled to announce that on 19th September **Helena Crockford** is due to be licensed as a Reader to our team and will be taking services across the benefice. I'm sure you will all join us in making Rev'd Judith and Helena welcome as they venture across the benefice and (officially) join our Ministry Team.

Contact Details

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com

The Rev'd. Helen Rengert, 01603 879275 revdhelenrww@gmail.com

Email Annabel at parishofficerwv@gmail.com to submit articles

FACEBOOK: Reepham and Wensum Valley Events

TWITTER: RAWTeam

WEBSITE: www.reepham-and-wensum-team-churches.org.uk

Romans 8:1-11

A reading from the letter of Paul to the Romans.

There is now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.

For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law – indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you.

Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Charitable Giving and Donations Further to Rev'd Keith's letter regarding the Parish Share update, the Diocese of Norwich has created a website which makes charitable giving to our churches and benefice easier than ever: <https://www.dioceseofnorwich.org/donate/>. The site allows you to make a donation to the church or parish of your choice or the whole benefice. Donations can be made as a one off payment or on a monthly basis with the option of adding Gift Aid if applicable. Donations will be set against the Parish Share which helps to fund our clergy to provide mission and pastoral care across the benefice, support those in our communities as well as pay for centralised services provided by the Diocese.

From the Kitchen Window 10th July 2020

The dull and damp conditions have meant that insects have been hard to find, as they will have been tucked in cracks, crevices and under leaves waiting to the weather to improve.

With their preferred food source unavailable to them, the birds have been reliant on the food that we put out. Between them, the sparrows, blackbirds, robins, starlings, great and blue tits ate four fat balls yesterday, probably with the help of the Jay, although we didn't see him on the feeder.

We did enjoy watching two frogs travelling across the lawn in the rain however. They were not just hopping, but taking great leaps across what to them was a dangerous open space. There is beauty in the rain too, as Judith's photo of raindrops caught in a spider's web shows.

It is amazing that things that fly by night can also be beautiful. My father runs a moth trap in his garden when the weather is suitable. This is a light over an open box filled with egg cartons carefully stacked. The moths are attracted to the light and spiral down into the box, creeping between the stacking. In the morning, the racks are carefully removed to expose and identify the evening's occupants, before releasing them into the nearby vegetation. It is amazing just how many species of moth are present in any one location on any one night and over the course of a year my father can record up to 300 species. A few weeks ago, after easterly winds, he photographed a very attractive white moth with red veining at the base of the wings, merging into pale yellow in the centre. It was a very aptly named Beautiful Marbled, a migrant from mainland Europe, which was first recorded in this country in Dorset in 2004, but this year several were logged near the Norfolk coast, with one inland at East Tuddenham.



Do send any sightings of wildlife that you have, so we can all share them rachel.42rr@btinternet.com RMR



These words form part of Rev'd Helen's sermon on Sunday at St Mary's, Reepham.
A recording of the service will be available on the website in the afternoon for those who are unable to attend.

LOVE LIVING

Blessing _____
Loving _____
Honouring _____
Courageous _____
Humble _____
Fruitful _____
Vulnerable _____
Free _____

RULE LIVING

Condemning
Fearful
Shaming
Anxious
Arrogance, Status focused
Fruitless
Power focussed
Guilt laden

Rule focused people are into laws, GOD IS INTO RELATIONSHIPS
Rule Focused people put these laws above love, GOD IS LOVE, MAKE LOVE THE GOAL
Rule focused people are most concerned about being right, GOD IS MOST CONCERNED ABOUT BEING REAL.
Rule focused people make their highest aim to know the word of God. GOD LONGS FOR US TO KNOW THE GOD OF THE WORD.

'It was for freedom that Christ has set us free no longer to subject to a yoke of slavery'
Galatians 5:1
'There is no condemnation for those who love Christ.' Romans 8:1

How awesome is this place. This is the house of God, **this is a house of prayer.**
You are the temple of the living God, This is the house of God, **this is a house of prayer.**
Holy Spirit dwells in you. This is the house of God, **this is a house of prayer.**
The temple of God is holy, and we are the living temple. We are the house of God, **we are a house of prayer.**



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Date	What's on?	Where?
Sunday 28th June	9am Recorded Holy Communion	Virtual Church Page / Youtube
	11am Zoom Coffee Social	Zoom (Details on the Virtual Chapel Page)
Thursday 2nd July	11am Mothers Prayers	Zoom—Contact Rev'd Helen for details
	6pm Evening Prayer	Zoom (Details on the Virtual Chapel Page)
Sunday 5th July	9am Recorded Holy Communion	Virtual Church Page / Youtube
	10.30am Café Church	Zoom (Details on the Virtual Chapel Page)
Thursday 9th July	6pm Evening Prayer	Zoom (Details on the Virtual Chapel Page)
Sunday 12th July	10.30am Holy Communion*	St Mary's Reepham with social distancing
Thursday 16th July	6pm Evening Prayer	Zoom (Details on the Virtual Chapel Page)
Sunday 19th July	10.30am Holy Communion*	St Mary's Reepham with social distancing
Thursday 23rd July	6pm Evening Prayer	Zoom (Details on the Virtual Chapel Page)
Sunday 26th July	10.30am Holy Communion*	St Mary's Reepham with social distancing
Thursday 30th July	6pm Evening Prayer	Zoom (Details on the Virtual Chapel Page)

* Our Holy Communion services from St Mary's Reepham will be recorded and uploaded to all the usual places after the service for all those who wish to worship from home or are continuing to shield /self isolate.

0800 804 8044
DailyHOPE
A free phone line of hymns,
reflections and prayers