

Isolation Times

Attlebridge/Alderford ♦ Bylaugh ♦ Elsing ♦ Gt & Lt Witchingham ♦ Lyng ♦ Reepham ♦ Salle ♦ Sparham ♦ Swannington ♦ Thurning ♦ Weston Longville ♦ Wood Dalling

It was a pleasure to welcome back over 30 people to our service in Reepham last Sunday. Although we had some slight technical issues with the filming this did not detract from how special it was to have people back together in St Mary's.

This week we will be back at St Mary's for Holy Communion from 10.30am. We are keeping our fingers crossed for good weather as we are hoping to hold the service outside St Mary's. It may be wise to bring a coat or an umbrella, but if the weather is inclement and numbers allow us to socially distance safely, we will move to St Michael's.

For those people in our benefice who may still feel anxiety about returning to public worship we will be holding a weekly **Holy Communion service on Wednesdays at 11am** for those who may not feel comfortable mixing with larger numbers of people on Sundays or who have previously been shielding. These services will start on Wednesday 5th August and will be held in the Chancel at St Mary's which will be roped off so that only those attending on a Wednesday will use this part of the church.

Our churches are reopening for private prayer, please see the table (right) to see when each church is open with social distancing measures are in place.

Thinking of and holding in our prayers...

We are unable to join together for funerals, so please light a candle as we pray and remember:

Dr Paul Strickland whose funeral was held this week. Our thoughts are with Caroline and family.



REEPHAM & WENSUM VALLEY
TEAM CHURCHES



19th July 2020—Edition 17

Private Prayer	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Alderford				Currently Closed			
Attlebridge	9-5			9-5			
Bylaugh				Open By Appointment			
Elsing				9-5			9-5
Gt Witchingham			10-4				
Lyng			9-5				9-5
Reepham		9-5				9-5	
Salle	Opening Soon				Opening Soon		
Sparham							9-5
Swannington	10-1				2-5		
Thurning			10-4			10-4	
Weston Longville			10-4				
Wood Dalling				Currently closed due to planned building works			

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FACEBOOK: Reepham and Wensum Valley Events

TWITTER: RAWTeam

WEBSITE: www.reepham-and-wensum-team-churches.org.uk

Romans 8:12-25 A reading from the letter of Paul to the Romans.

Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh – for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, “Abba! Father!” it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ – if, in fact, we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Charitable Giving and Donations Further to Rev'd Keith's letter regarding the Parish Share update, the Diocese of Norwich has created a website which makes charitable giving to our churches and benefice easier than ever: <https://www.dioceseofnorwich.org/donate/>. The site allows you to make a donation to the church or parish of your choice or the whole benefice. Donations can be made as a one off payment or on a monthly basis with the option of adding Gift Aid if applicable. Donations will be set against the Parish Share which helps to fund our clergy to provide mission and pastoral care across the benefice, support those in our communities as well as pay for centralised services provided by the Diocese.

From the Kitchen Window 17th July 2020

One evening last week we could hear loud crunching sounds coming from the garden, so tiptoed outside with a torch to see a large, well fed hedgehog busy dealing with some of our slugs under the plant pot staging in the back garden. It paused in its eating and raised some of its prickles but fortunately didn't see us as a major threat, merely waiting for us to go away before continuing with its meal. The following morning we found muntjac droppings on the front lawn! There is a gap between the gatepost and the wall of the house which the hedgehog easily gets through, but muntjac are not very big either, so we will leave the lower part of the gap open while blocking it higher up, as these small deer are very fond of garden vegetables, even eating off potato tops, which contain poisonous chemicals!



Judith has been enjoying watching hyperactive dunnocks flying at high speed across her garden, constantly chasing each other like little spitfires. She has also had a second brood Comma butterfly in her garden, something that Frances has photographed on one of her walks along the Marritts Way. These bright orange butterflies with scalloped edged wings can have three hatchings of mature butterflies in a good year. The males claim a small territory and defend it by chasing off any rival.

In bird behaviour, it is usually the largest bird which dominates the other species, so a robin will give way to a blackbird at the feeders, but a blackbird will give way to a collared dove. In the butterfly world however, size isn't everything. We were watching insects nectaring on a large clump of flowering brambles when we noticed a Red Admiral, the largest butterfly present, being chased off by a smaller Meadow Brown, then a much smaller Large Skipper (all skippers are small) chased off both a Meadow Brown and a Red Admiral! It depends on your attitude, rather than you size, if you are a butterfly. Do send any sightings of wildlife that you have, so we can all share them rachel.42rr@btinternet.com RMR





REEPHAM & WENSUM VALLEY
TEAM CHURCHES

Date	What's on?	Where?
Sunday 19th July	10.30am Holy Communion*	St Mary's Reepham with social distancing
Sunday 26th July	10.30am Holy Communion*	St Mary's Reepham with social distancing
Thursday 30th July	6pm Evening Prayer	Zoom (Details on the Virtual Chapel Page)

Please note, there is no Zoom Evening Prayer on Thursday 23rd July, but we will be returning on Thursday 30th July.

If you would like to join us for Evening Prayer on Thursdays at 6pm, please sign into Zoom - Meeting ID: 825 0887 5273

Password: 374589. Zoom is free to download and you can even join us by phone if you don't have a computer or broadband.

Dial in numbers to join evening prayer by telephone: 0131 460 4496/ 0203 051 2874 / 0203 481 5237 / 0203 481 5240.

Dial in calls cost between 2p-10p per minute depending on your provider, mobiles may cost more. Please check before calling.

If you have any questions or queries, please contact Helena Crockford. Everyone is welcome.

Father God, the coronavirus pandemic makes us anxious as we see no certainty over what the future may bring; how things will be in even a month's time. Help us to cling to the certainty of your love for us and help us to know that when times are difficult, you carry us in your sustaining arms. Amen.

Services for August across the benefice:

Date	What's On?	Where?
Sunday 2nd August	9am Holy Communion	St Mary's Elsing and St Peter & St Paul, Salle
	10.30am Holy Communion	All Saints Weston Longville
	10.30am Café Church	St Michael's, Reepham
Thursday 6th August	6pm Evening Prayer	Zoom (Details on the Virtual Church page)
Sunday 9th August	9am Holy Communion	St Mary's Bylaugh and St Andrews, Thurning
	10.30am Holy Communion	St Mary's Reepham and St Mary's Gt Witchingham
Thursday 13th August	6pm Evening Prayer	Zoom (Details on the Virtual Church page)
Sunday 16th August	9am Holy Communion	St Mary's Sparham
	10.30am Holy Communion	St Andrew's Attlebridge and St Margaret's Lyng
	10.30am Café Church	St Michael's, Reepham
Thursday 20th August	6pm Evening Prayer	Zoom (Details on the Virtual Church page)
Sunday 23rd August	10.30am Benefice Service with Holy Communion	St Margaret's, Swannington
Thursday 27th August	6pm Evening Prayer	Zoom (Details on the Virtual Church page)
Sunday 30th August	10.30am Benefice Service with Holy Communion	St Mary's, Reepham

'Even to your old age and grey hairs I am he, I am he who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you.' Isaiah 46 v. 4

