

Isolation Times



REEPHAM & WENSUM VALLEY
TEAM CHURCHES



2nd August 2020—Edition 19

Attlebridge/Alderford ♦ Bylaugh ♦ Elsing ♦ Gt & Lt Witchingham ♦ Lyng ♦ Reepham ♦ Salle ♦ Sparham ♦ Swannington ♦ Thurning ♦
Weston Longville ♦ Wood Dalling

From **Wednesday 5th August** we will be having a special Holy Communion service in the **chancel of St Mary's Reepham** for those who have been shielding or who may feel anxious about returning to church for our Sunday services.

The service starts at 11am and measures have been put in place to ensure that it is as safe as we can make it. The chancel will only be used by this group and will be used once a week. There are hand gels in St Mary's for people to use. Those attending are asked to bring their own face mask or covering if possible and to sit at a distance of 2 metres from people outside their household.

Following the service, St Mary's will remain open for private prayer until 5pm and will reopen again on Saturday for private prayer from 9am to 5pm.

In case you missed it, Helena Crockford has written a wonderful reflection on Romans 8:26-39. It's on our [Virtual Church webpage](#) and well worth a read.

Lord, those of us who have been shielding are allowed to go out from 1st August. Help us to be careful but not fearful, and to consider the safety of others as well as ourselves, in this socially distanced world. We thank you Lord Jesus that you are with us and care for us in all that we do and say. Amen.

We look forward to celebrating the marriage of **Edward Brown** and **Heather Little** at St Andrew's Attlebridge on Saturday 8th August.

May God grant you all of life's blessings and love's joys.



The final total is in! Rev'd Helen's Pilgrimage of prayer from Norwich Cathedral to Walsingham has raised a grand total of £3531! This gives each church £294.25. Well done Rev'd Helen and thank you to everyone who donated.



Thinking of and holding in our prayers...

We are unable to join together for funerals, so please light a candle as we pray and remember:

Pamela Thomson, Gt Witchingham whose funeral will be held on 11th August. Our thoughts are with her son Gary and daughter in law Susie.



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GOSPEL Matthew 14:13-21

Hear the gospel of our Lord Jesus Christ according to Matthew.

When Jesus heard that Herod had beheaded John the Baptist, he withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Our churches are open for private prayer at the following times:

Private Prayer	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Alderford	Currently Closed						
Attlebridge	9-5			9-5			
Bylaugh	Open By Appointment						
Elsing				9-5			9-5
Gt Witchingham			10-4				
Lyng			9-5				9-5
Reepham			9-5			9-5	
Salle	9-5				9-5		
Sparham							9-5
Swannington	10-1				2-5		
Thurning			10-4			10-4	
Weston Longville			10-4				
Wood Dalling	Currently closed due to planned building works						

From the kitchen window 31st July 2020



As dusk approaches, the Swifts have been racing across the sky in screaming squadrons; soon they will be gone, leaving a void bereft of their exuberant shrieking. High summer will be over, although the House Martins will still be with us for a while longer. At the moment they are still feeding their growing young in nests under the eaves. It is a time of transition as fledged young birds are having to learn how

to fend for themselves. I was amused to watch a young Buzzard careering about the sky in a strong wind, desperately calling to its parents. To me it sounded like 'Help, get me down!'

Other young creatures need parental guidance too, like the half-grown Leveret which raced up the road in front of me, as I drove round a corner near Whitwell Station. Fortunately it stopped and allowed me to pass, hopefully finding its way back into the wooded fringe of Whitwell Hall grounds. We are used to seeing Hares in wide open fields, but surprisingly, they do also forage in open woodland, as this one must have been doing before it took a wrong turning.



It may have been a young Muntjac that Isobel's neighbour watched being chased out of Isobel's garden by her cat! Clearly a cat with strong feelings about who and what is allowed in its territory. It was also probably a young Polecat which had been killed on the road near Holt. Polecats are members of the weasel tribe with dark fur and a white face mask, very appropriate in these Covid19 days. They were exterminated in most of the country early in the last century but are making a comeback, and have also been seen hunting in the early mornings, along hedge banks in the Wymondham area. There is so much that happens in the natural world that we rarely glimpse.

After next week's 'From the Kitchen Window', it will take a short break of two weeks, returning on Friday 28th August. Following this it will probably come out fortnightly for those who specifically ask to for it. Please let me know if you wish to continue to receive it. In the meantime, do send any sightings of wildlife that you have, so we can all share them rachel.42rr@btinternet.com **RMR**