

# Isolation Times



REEPHAM & WENSUM VALLEY  
TEAM CHURCHES



30th August 2020—Edition 21

Attlebridge/Alderford ♦ Bylaugh ♦ Elsing ♦ Gt & Lt Witchingham ♦ Lyng ♦ Reepham ♦ Salle ♦ Sparham ♦ Swannington ♦ Thurning ♦  
Weston Longville ♦ Wood Dalling

## Notices and Reminders

**Sunday 6<sup>th</sup> September 10.30am: Café Church in the grounds of All Saints, Reepham** You can bring a picnic rug and cushions to sit on the slope, or if you would rather, sit on the chairs provided where it is level. You are welcome to bring a picnic but **not to share it**, in these Covid times. If it is wet the service will be in St Mary's.

**Holy Communion for those who have been shielding** continues on Wednesday 2nd September at 11am in St Mary's chancel, which is Covid secure. Please wear a face covering unless you are exempt from doing so.

St Mary's Reepham will **not be open for private prayer** after the service on **Wednesday 2<sup>nd</sup> September** due to an afternoon funeral. It will open be on **Saturday from 9am-5pm**.

**Services for September** can be found on the website (address below)

## Thinking of and holding in our prayers...

We are unable to join together for funerals, so please light a candle as we pray and remember:

**Walter Hall, Reepham** whose funeral will be held on 2nd September. Our thoughts are with his family and those who loved him.

Also, **Gwen Tolliday, Bylaugh** whose funeral will be held on 4th September. Our thoughts are with Gwen's family and friends.



Our churches are open for private prayer at the following times:

| Private Prayer   | Mon  | Tues | Wed  | Thurs | Fri | Sat  | Sun |
|------------------|--|------|------|-------|-----|------|-----|
| Alderford        | Currently Closed                               |      |      |       |     |      |     |
| Attlebridge      | 9-5  |      |      | 9-5   |     |      |     |
| Bylaugh          | Open By Appointment                            |      |      |       |     |      |     |
| Elsing           |  |      |      | 9-5   |     |      | 9-5 |
| Gt Witchingham   |  |      | 10-4 |       |     |      |     |
| Lyng             |  |      | 9-5  |       |     |      | 9-5 |
| Reepham          |  |      | 9-5  |       |     | 9-5  |     |
| Salle            | 9-5  |      |      |       | 9-5 |      |     |
| Sparham          |  |      |      |       |     |      | 9-5 |
| Swannington      | 10-1   |      |      |       | 2-5 |      |     |
| Thurning         |  |      | 10-4 |       |     | 10-4 |     |
| Weston Longville |  |      | 10-4 |       |     |      |     |
| Wood Dalling     | Currently closed due to planned building works |      |      |       |     |      |     |

## Contact Details

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**FACEBOOK:** Reepham & Wensum Valley Events

**TWITTER:** RAWTeam

**WEBSITE:** [www.reepham-and-wensum-team-churches.org.uk](http://www.reepham-and-wensum-team-churches.org.uk)

### **GOSPEL Matthew 16:21-28**

*Hear the gospel of our Lord Jesus Christ according to Matthew.*

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you."

But he turned and said to Peter, "Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things."

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done.

Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

### **Norfolk Churches Trust Sponsored Bike Ride 2020**

The date for this year's sponsored Bike Ride has been set for **Saturday 12th September**. At a time when churches across the county are seeing a reduction in donations, it is a brilliant opportunity to raise money for your church as well as visiting wonderful places of worship and enjoying the glorious Norfolk countryside.

There are a few groups from our benefice who cycle each year, however you can also walk or drive between churches too. For more information, please see the website <https://norfolkchurchestrust.org.uk/bike-ride/taking-part/> or contact Rupert Birtles— [Rupert@birtles.me.uk](mailto:Rupert@birtles.me.uk)

### **From the kitchen window 28<sup>th</sup> August 2020**

How the season has changed: from scorching sunshine to autumn gales in just three weeks, and we are still in August! One of the Whitebeam trees opposite our house has shed most of its leaves already. They grow naturally in places that regularly suffer drought. Dropping their leaves reduces stress to the trees, enabling them to survive despite a lack of rain. It was good to see young children having fun running through the swirling leaves, many of which ended up in our garden and will be made into leaf mould to be used as a mulch.

Birds have become less obvious in the garden now because they are moulting; their feathers get worn and damaged during the summer so they shed the old and grow a new set. Others have moved away and become part of a flock where there is safety in numbers, with more eyes keeping a lookout for predators. A huge group of tits were reported passing through several gardens recently, with over forty Blue Tits, as well as



a few Great, Coal and Long-tailed Tits. The Blue Tits have clearly had a very successful breeding season.

Three Hedgehogs visited Joan's garden one evening, 'bulldozing' each other out of the way, with much push and shove. We had another in daylight, which appeared to be searching for water after a very hot day, eventually making its way into the shallow edge of the pond for a long drink.

During lockdown, many of us spent more time than usual in the garden and Celia put this time to good use. She planted melon pips from a supermarket fruit and has had the pleasure of successfully rearing a plant which has borne fruit of its own (above). Bees of course were vital for its pollination, and we all need to try and grow more plants that are good for pollinators, as their numbers are in decline, due to indiscriminate use of pesticides. It has been a great delight to walk past Margaret's garden which is always humming with activity around her lavender bushes in summer. Bumblebees particularly need nectar both early and late in the year. At the moment, many are visiting the Water Mint flowering in our pond, and large flowered Crocuses are a favourite in spring. Do send any sightings of wildlife that you have, so we can all share them [rachel.42rr@btinternet.com](mailto:rachel.42rr@btinternet.com)

