

Isolation Times



REEPHAM & WENSUM VALLEY
TEAM CHURCHES



9th-23rd August 2020—Edition 20

Attlebridge/Alderford ♦ Bylaugh ♦ Elsing ♦ Gt & Lt Witchingham ♦ Lyng ♦ Reepham ♦ Salle ♦ Sparham ♦ Swannington ♦ Thurning ♦
Weston Longville ♦ Wood Dalling

Commissioning Service: Tuesday 1st September, St Mary's Reepham

As previously reported, from 1st September, Rev'd Keith and Rev'd Helen will be swapping roles, with Rev'd Helen becoming Team Rector and Rev'd Keith becoming Team Vicar. **Rev'd Judith Sweetman**, who already holds PTO in the benefice, will be joining us part-time on a formal licenced basis.

A commissioning service will be held by Bishop Jonathan on **1st September at 7.30pm at St Mary's Reepham**. Whilst this would normally be a big celebration with everyone invited. However, we have to ensure that we use the church in a Covid safe way. Currently we are looking to see the maximum numbers of people that we can safely fit in St Mary's.

Spaces are limited so if you would like to attend, please register your interest with Annabel (parishofficerwv@gmail.com) - spaces will be on a first come/ first served basis and will be confirmed by 29th August.

Our churches are open for private prayer at the following times:

Private Prayer	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Alderford	Currently Closed						
Attlebridge	9-5			9-5			
Bylaugh	Open By Appointment						
Elsing				9-5			9-5
Gt Witchingham			10-4				
Lyng			9-5				9-5
Reepham			9-5			9-5	
Salle	9-5				9-5		
Sparham							9-5
Swannington	10-1				2-5		
Thurning			10-4			10-4	
Weston Longville			10-4				
Wood Dalling	Currently closed due to planned building works						

Thinking of and holding in our prayers...

We are unable to join together for funerals, so please light a candle as we pray and remember:

Pamela Thomson, Gt Witchingham whose funeral will be held on 11th August. Our thoughts are with her son Gary and daughter in law Susie.



Contact Details

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com

The Rev'd. Helen Rengert, 01603 879275 revdhelenrwv@gmail.com

Email Annabel at parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events

TWITTER: RAWTeam

WEBSITE: www.reepham-and-wensum-team-churches.org.uk

GOSPEL Matthew 14:22-33

Hear the gospel of our Lord Jesus Christ according to Matthew.

Immediately after feeding the crowd with the five loaves and two fish, Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray.

When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, "It is a ghost!" And they cried out in fear.

But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid." Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, "Truly you are the Son of God."

Isolation Times will be taking a break for the summer and will be back on 30th August. In the meantime, please send any items for inclusion in the 30th August edition to Annabel by 28th August.



From the kitchen window 7th August 2020



The colours and patterns on a butterfly's wings are a delight to see but they also have a purpose. Butterflies often close their wings when alighting on a flower to make them less obvious to predators, such as flycatching birds, and to increase their camouflage, they have duller underwings, sometimes broken up by streaks or subtle colour changes. Others have markings that threaten a potential attacker.

Frances took an amazing photo of a Peacock at close range showing its threatening eye spots and belligerent pose. Big butterflies like this will also flick their wings open to startle an aggressor; they can also move at great speed if the threats aren't effective. Other prey species have to use different forms of defence. David deterred a neighbour's cat from pursuing a Wood Mouse in our big Guelder Rose bush. The mouse would have been foraging for dropped bird seed on the ground when it became aware it was in danger, and bolted up into the branches for safety. Wood Mice are very agile climbers and it was very quickly out of reach amongst the twigs. The cat went up after it and was shooed away, but was back again shortly afterwards. Meanwhile the mouse had made its escape leaving a large black and white cat having difficulty in extricating itself from a tangle of branches. Frances' cat however seems to have accepted the nightly visits from the Hedgehog, as she watched it walk past the garden visitor without a glance as it was eating the food put out for it. Young birds are continuing to fledge. We were delighted to watch about a dozen House Martins chasing round over the houses one evening, with constant calling from young ones as they mastered the art of flying. Jo has enjoyed watching young Swallows sitting on her roof while the adults brought them beaks full of food, so they too will only just have left the nest.



Tony sent a lovely photo of his Passion Flowers amongst the bamboo, which he can see from his windows.

'From the Kitchen Window' will now take a short break of two weeks, returning on Friday 28th August. Following this it will probably come out fortnightly for those who specifically ask to for it. Please let me know if you wish to continue to receive it. In the meantime, do send any sightings of wildlife that you have, so we can all share them rachel.42rr@btinternet.com

Reading for Sunday 16th August

GOSPEL Matthew 15:[10-20]. 21-28

Hear the gospel of our Lord Jesus Christ according to Matthew.

Then Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offence when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile." Jesus went away to the district of Tyre and Sidon. A Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

'But I trust in you, O Lord; I say "You are my God". My times are in your hands.' Psalm 31 v. 14-15a

Thank you loving Father for all the beauty we see around us and help us to care for your wonderful creation. Amen.

Reading for Sunday 23rd August

GOSPEL Matthew 16:13-20

Hear the gospel of our Lord Jesus Christ according to Matthew.

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

Public Worship Services Across the Benefice for August 2020

Thursday 13th August	6pm Evening Prayer	Zoom (Details on the Virtual Church page)
Sunday 16th August	9am Holy Communion	St Mary's Sparham
	10.30am Holy Communion	St Andrew's Attlebridge and St Margaret's Lyng
	10.30am Café Church	St Mary's, Reepham
Thursday 20th August	6pm Evening Prayer	Zoom (Details on the Virtual Church page)
Sunday 23rd August	10.30am Benefice Service with Holy Communion	St Margaret's, Swannington
Thursday 27th August	6pm Evening Prayer	Zoom (Details on the Virtual Church page)
Sunday 30th August	10.30am Benefice Service	St Mary's, Reepham