

# Isolation Times



REEPHAM & WENSUM VALLEY  
TEAM CHURCHES



13th September 2020—Edition 23

Attlebridge/Alderford ♦ Bylaugh ♦ Elsing ♦ Gt & Lt Witchingham ♦ Lyng ♦ Reepham ♦ Salle ♦ Sparham ♦ Swannington ♦ Thurning ♦  
Weston Longville ♦ Wood Dalling

**Romans 14:1-12** A reading from the letter of Paul to the Romans.

Welcome those who are weak in faith, but not for the purpose of quarrelling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgement on those who eat; for God has welcomed them. Who are you to pass judgement on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand. Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honour of the Lord. Also those who eat, eat in honour of the Lord, since they give thanks to God; while those who abstain, abstain in honour of the Lord and give thanks to God. We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living. Why do you pass judgement on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgement seat of God. For it is written, "As I live, says the Lord, every knee shall bow to me, and every tongue shall give praise to God." So then, each of us will be accountable to God.

**Thinking of and holding in our prayers...** Please light a candle as we pray and remember:

**William Oram, Attlebridge** whose funeral will be held on 21st September. Our thoughts are with his family and those who loved him.



From Wednesday to Friday, the Kings Arms in Reepham will be serving "Pensioners Lunchtime Specials" where those who have acquired enough years of wisdom(!) are able to get a two course meal for £8.50 from the set menu below. The meals are served between 12noon and 2pm. To book your place, please call 01603 870345.

**Wednesday:** Small cod or small scampi, followed by crumble with custard or cream

**Thursday:** Homecooked ham, egg and chips with peas and gravy, followed by crumble with custard or cream.

**Friday:** 2 sausages, chips, peas and gravy, followed by crumble with custard and cream.

## Contact Details

The Rev'd. Helen Rengert, 01603 879275 [revdhelenrwv@gmail.com](mailto:revdhelenrwv@gmail.com)

The Rev'd. Keith Rengert, 01603 879275 [revdkeith@gmail.com](mailto:revdkeith@gmail.com)

The Rev'd. Judith Sweetman, 07484862962 (*Friday to Sunday only*)

Email Annabel at [parishofficerwv@gmail.com](mailto:parishofficerwv@gmail.com) to submit articles or join the mailing list.

**FACEBOOK:** Reepham & Wensum Valley Events

**TWITTER:** RAWTeam

**WEBSITE:** [www.reepham-and-wensum-team-churches.org.uk](http://www.reepham-and-wensum-team-churches.org.uk)

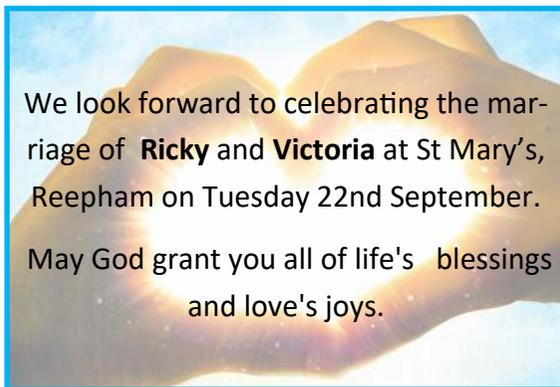
Our churches are open for private prayer at the following times:

Private Prayer	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Alderford	Currently Closed						
Attlebridge	9-5			9-5			
Bylaugh	Open By Appointment						
Elsing				9-5			9-5
Gt Witchingham			10-4				
Lyng			9-5				9-5
Reepham			9-5			9-5	
Salle	9-5				9-5		
Sparham							9-5
Swannington	10-1				2-5		
Thurning			10-4			10-4	
Weston Longville			10-4				
Wood Dalling	Currently closed due to planned building works						

### Daily Morning and Evening Prayer—All Welcme!

**Morning Prayer:** Monday to Thursday, 8am in St Michael's Chancel, Reepham.

**Evening Prayer:** Monday-Wednesday, 6pm in St Michael's Chancel, Reepham and on Zoom at 6pm on Thursday evenings.



We look forward to celebrating the marriage of **Ricky** and **Victoria** at St Mary's, Reepham on Tuesday 22nd September. May God grant you all of life's blessings and love's joys.

Good luck to all those taking part in the Norfolk Churches Trust Sponsored Cycle Ride on Saturday. A big thank you to those sponsoring our cyclists and helping to raise funds for our churches.

### From the kitchen window 11<sup>th</sup> September 2020

Cycling the lanes around Reepham has been quite an eye opener this year. Firstly, during lockdown, my daily exercise would sometimes be by bike, usually following routes I was familiar with but clearly hadn't travelled in spring before, as I found plants flowering on the roadside that I had no idea grew in our part of the county. The most exciting find was Meadow Cranesbill, a close relative of the blue garden Geraniums but a native on chalky banks, such as near Eades Mill. Then there was the minute Mossy Stonecrop with its red fleshy leaves, growing on the very sandy bank along Furze Lane, which replicates its South Norfolk Breckland habitat to perfection. More recently, I have been preparing for the Norfolk Churches Trust bike ride and again travelling roads that I don't normally take at this time of year. Another chalky verge revealed itself on the long hill down into Swanington, by the plants flowering amongst the grasses. This time it was the pink and white pea-like blooms of Rest Harrow, so called because it's very tenacious roots could, in the days of genuine horse power, literally bring the harrows to a halt.



That day, it was very noticeable that autumn had arrived: Dogwood leaves had turned a deep maroon; Hips and Haws glistened in the sunlight and Blackberries and Sloes were ripening nicely. Opposite Booton Hall I came to a rapid stop as there, growing from the base of an old Oak was the unmistakable fruiting body of Chicken-of-the-woods, a bright orange fungus with paler margins, which only grows on venerable Oak trees. The name relates to the frayed edges of the layers of growth, supposedly making it look like a chicken's wings. Nearby were several fungi with greyish caps which turned out to be members of the Bolete family. These have pores on the underside instead the conventional gills. The identification of this family is fascinating as most change colour when the flesh is cut. This one turned pale blue so I was able to identify it as a species also closely associated with old Oak trees. Others can reveal colours as divergent as dark blue, pink, grey, red or green. It makes me wonder just what chemicals are present in the fruiting body that they can cause such dramatic changes in colour on exposure to air! Do send any sightings of wild-life that you have, so we can all share them [rachel.42rr@btinternet.com](mailto:rachel.42rr@btinternet.com)

