

From the kitchen window 9th October 2020

Occasionally strangers appear in our gardens. Tony had a wet and exhausted Goldcrest sitting on his paving in the pouring rain one morning. This is the smallest British bird and has an orange-yellow stripe on its crown, which gives it its name. While they occur in woodland in this country, there is a mass migration of these little birds from the continent at this time of year. A day or two later, several were squeaking from the trees around our garden, as more arrived to spend the winter in our warmer climes. It is a feat of great endurance that a scrap of feathers only 9cm long can fly across the North Sea, and always travelling by night, to reduce the risk of predation.



I discovered a different stranger when pulling up weeds in a flower bed. It was a large lemon yellow caterpillar with pale cream hairs around its body and a red tuft at the back. Most striking were the black bands between its segments which only showed when it flexed its body. Be-

ing so distinctive, I was able to identify it as a Pale Tussock moth caterpillar, which feeds on, amongst other things, Birch leaves, so it must have come from our neighbour's tree. The caterpillars are full grown by the end of September, when they search out a suitable place to pupate, incorporating their body hairs into the cocoon! The moth should emerge next May.

Judith's stranger was slightly further afield, as, when walking along the tide line on Cley beach, she came across a Sunstar, amongst a wreck of Starfish. These are rather more compact than starfish, having twelve, rather than five tenta-



cles, and so looking like a stylised sun. This one still retained much of its red colouring too. The recent gales must have swept them all from the offshore reefs where they feed on mussels and scallops. They force the two halves of the shell apart, using the suction pads beneath their bodies, before enveloping their prey. There is so much amazing wildlife around us that we rarely see! Do send any sightings of wildlife that you have, so we can all share them rachel.42rr@btinternet.com.



Pew Notes

Sunday 11th October (Eighteenth Sunday after Trinity)

9am	Thurning	Harvest Celebration
9am	Bylaugh	Holy Communion
10.30am	Gt Witchingham	Holy Communion
10.30am	Reepham	Holy Communion

Autumn Discussion Group: "Living in Hope!"

All are welcome to join us on Zoom for a discussion group over 4 Monday evenings, November 2nd 9th 16th 23rd, from 7.00pm to 8.30pm.

We will be studying the York Course "Living in Hope!" together, sharing our thoughts and praying together. Topics include:

Nov 2nd "Living Well"

Nov. 9th "Dying Well"

Nov 16th "Hell bent on Destruction?"

Nov 23rd "Going to Heaven when we die?"

The course costs £3.30 for the book, which Sue can order for you.

To book, please contact Sue Page 01603 870886

sue.gislingham@gmail.com

Sunday 18th October (Nineteenth Sunday after Trinity)

9am	Sparham	Holy Communion
10.30am	Lyng	Holy Communion
10.30am	Attlebridge	Holy Communion
10.30am	Reepham	Café Church
10.30am	Salle	Matins

SECOND READING Philippians 4:1-9

A reading from the letter of Paul to the Philippians.

My brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved. I urge Euodia and I urge Syntyche to be of the same mind in the Lord. Yes, and I ask you also, my loyal companion, help these women, for they have struggled beside me in the work of the gospel, together with Clement and the rest of my co-workers, whose names are in the book of life.

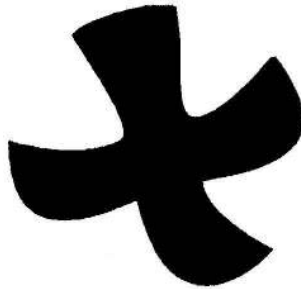
Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

Join us for Taizé Prayer in St Michael's, Reepham on Sunday 25th October.

Taizé Prayer originates from the Taizé community, a monastic order founded in 1940 in rural France. Prayer and silence are at the heart of the Taizé experience and during our services there is repeated chanting of prayers as well as other phrases from scripture that are sung. The repetition encourages an atmosphere of meditation and prayer. Whilst we are unable to sign at the moment we will listen to prayers sung by the community in Taizé. The Taizé community has a strong devotion to peace and justice through prayer and meditation.

We will be running two sessions, 2.30pm and 6pm **Booking is essential.** To book your place, please contact Sue Page on 01603 870886 or email sue.gislingham@gmail.com



GOSPEL Matthew 22:1-14

Hear the gospel of our Lord Jesus Christ according to Matthew.

Once more Jesus spoke to the chief priests and Pharisees in parables, saying: "The kingdom of heaven may be compared to a king who gave a wedding banquet for his son. He sent his slaves to call those who had been invited to the wedding banquet, but they would not come. Again he sent other slaves, saying, 'Tell those who have been invited: Look, I have prepared my dinner, my oxen and my fat calves have been slaughtered, and everything is ready; come to the wedding banquet.' But they made light of it and went away, one to his farm, another to his business, while the rest seized his slaves, maltreated them, and killed them.

The king was enraged. He sent his troops, destroyed those murderers, and burned their city. Then he said to his slaves, 'The wedding is ready, but those invited were not worthy. Go therefore into the main streets, and invite everyone you find to the wedding banquet.' Those slaves went out into the streets and gathered all whom they found, both good and bad; so the wedding hall was filled with guests.

But when the king came in to see the guests, he noticed a man there who was not wearing a wedding robe, and he said to him, 'Friend, how did you get in here without a wedding robe?' And he was speechless. Then the king said to the attendants, 'Bind him hand and foot, and throw him into the outer darkness, where there will be weeping and gnashing of teeth.' For many are called, but few are chosen."

Contact Details

The Rev'd. Helen Rengert, 01603 879275 revdhelenrwv@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com

The Rev'd. Judith Sweetman, 07484862962 (*Friday to Sunday only*)

Email Annabel at parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events

TWITTER: RAWTeam

WEBSITE: www.reepham-and-wensum-team-churches.org.uk