



14th February 2021— Sunday Next before Lent

**Attlebridge/Alderford ♦ Bylaugh ♦ Elsing ♦ Gt & Lt Witchingham ♦ Lyng ♦ Reepham ♦ Salle ♦ Sparham ♦ Swannington ♦ Thurning ♦  
 Weston Longville ♦ Wood Dalling**

### Words of Light and Hope from Rev. Canon Peter Halls

When I was in my parishes and taking assembly for various schools I thought it would be helpful for the children to learn a prayer they could perhaps remember and use.

Many knew the Lord's prayer but I am not sure today how many children (or adults) do.

As a simple way to begin each day this is the prayer from the Alternative Service Book (slightly modifying the old Prayer Book version)

Almighty God  
 We thank you that you have brought us  
 safely  
 to the beginning of this day.  
 Keep us from falling into sin  
 or running into danger.  
 Order us in all our doings  
 and guide us to do always what is right in  
 your eyes  
 Through Jesus Christ our Lord.  
 Amen

What a way to place ourselves in the hand of God. To still be alive, then to seek to do God's will in the rest of the time allotted to us.

~

“Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love.” [1 John 4:7-8](#)

Who made a rare appearance this week, thanks to the snow? Check out From the Kitchen Window to find out!



### This week's Services

**9am** Pre-recorded Holy Communion service on Youtube, RWV website or Facebook.

**10.15am** Informal Sunday Worship on Zoom with Coffee Social afterwards from 11.15am.

*Everyone is welcome to either of both of our Zoom sessions*

Zoom Meeting ID: **825 0887 5273**

Password: **374589**

Dial-in numbers (to join by telephone):

0131 460 1196

0203 051 2874

0203 481 5237

0203 481 5240

*Dial-in calls cost between 2p-10p per minute depending on your provider, mobiles may be more. Please check before calling.*

This week, the funerals of Edward “Ted” Willems and Isobel Ricketts were held in Reepham. Many of us would have wished to attend to remember them and give thanks for their lives. With agreement from both families, the recorded services are available on our website.

## Lent Group—Thy Will Be Done

*“Lent is a season when we can follow Jesus by pressing the 'pause' button, taking some time out, dealing with whatever then arises and praying for a new and deeper sense of clarity and purpose for our lives.”*

As in previous years, a 6 session Lent Group will be running each Monday from 15th February to 22nd March at 7pm to 8.15/30pm. Due to Covid restrictions, the group will be meeting via Zoom online or Dial-in.

This year's book is “Thy Will Be Done” by Stephen Cherry. The book is available to order from Aslan for £7.99, with free P&P (<https://www.aslanchristianbooks.com/thy-will-be-done-the-2021-lent-book-9781472978257/>) or call them on **01373 823451** to place an order. ISBN: 9781 4729 7825 7

Everyone is welcome to join us If you would like further information about the book and/or joining the Zoom group, please contact Sue on 01603 870886.



**Thinking of and holding in our prayers...** Please light a candle as we pray and remember:

**Oliver Diggle**, Churchwarden at Bylaugh, **Peter Thomas** of Lyng, **Shiela Matthews** of Lyng, **Eileen Daniels** of Salle and **Peggy Pearce** of Lyng.

Our thoughts and prayers are with their families and friends at this time.

### **Contact Details**

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## **From the kitchen window 12<sup>th</sup> February 2021**

It was very good to hear that Muriel had nine Goldfinches during her Garden Bird Watch at the end of January, as both Ian and Lynda had noticed their absence. Ian had Black-headed Gulls coming down for food, as well as Jackdaws and Rooks hanging on the fat ball feeder and a Greenfinch: so there are still a few about.



Mark T has had a Nuthatch coming to his feeders. These very attractive woodland birds have blue-grey upper parts and are a warm orange underneath. They use their chisel-like beak to hammer their way into nuts and acorns, once they have wedged them a crack in tree bark. The most exciting report this week was from Annie, who had 2 Mistle Thrushes in the tree in her front garden, the first she had seen for over ten years! (P.T.O for picture) Even shy birds will come into gardens in snow so do put something out for them. Rolled oats, seed or fat balls on the ground will allow

birds which are not designed to hang on feeders, access to food, and don't forget to ensure there is fresh water available as well. Tony H had a Fieldfare (below) come into one of his trees, and I watched two taking the last remaining Whitebeam berries from the trees in front of our house. In the hard winter of 2018 Joan had up to twenty Fieldfares feasting on old apples and pears on the ground. They have grey heads and rumps are often found in orchards, tidying up the windfalls. Large birds, such as Wood Pigeons will trample the snow, which aids others searching for food, but I was surprised to see one using its head to sweep the snow from a small patch of lawn, so that it could eat the grass beneath. Even with all the snow, birds are still preparing for spring. A Great Tit has been singing from a snow covered tree near the nest box it has clearly claimed as its own for the coming breeding season. Judith watched a Wood Pigeon land in exactly the same spot that another was occupying on her fence, dislodging what it obviously regarded as an intruder to its territory. The cold weather and lack of easily available food may reduce aggression between rivals for the moment, but it will not be long before all the birds will be defending their territories with song. Do send any sightings of wildlife that you have, so we can all share them [rachel.42rr@btinternet.com](mailto:rachel.42rr@btinternet.com)

