



REEPHAM & WENSUM VALLEY
TEAM CHURCHES

Lent Resources for 2021

We have collected together a selection of Lent resources that people from across our benefice have found useful. Some of these websites and apps are specific to Lent, others offer hope, support, prayer and deeper learning all year. Whether you have ten minutes or an hour a day for your Lent preparation, there are a wide range of books, apps and websites to suit all tastes.

Books

- **“God on Mute: Engaging the Silence of Unanswered Prayer”** by Pete Grieg
- **“Thy Will be Done”** by Stephen Cherry
- **“Let Us Dream: The Path to A Better Future”** by Pope Francis
- **“#Livelent: God’s Story, Our Story”** booklets available from Church House Publishing

Apps

- **#livelent God’s Story, Our Story** - A free app from the Church of England with daily prayers, reflections and a family activity. As well as the full text, there is an audio version to accompany the text
- **Lectio 365**—A free daily devotional app which helps you pray the Bible 365 days a year.
- **Reflect: Christian Mindfulness**—A free app with Christian meditations, prayers and Lectio Divina
- **Soultime Christian Meditation and Mindfulness**— This app offers meditation and mindfulness to draw us closer to God in prayer and contemplation. With quick access to verses to support us whatever our mood.

Websites and Newsletters

- **Sacred Space website**: Daily prayer, weekly thoughts, Lenten online retreat as well as prayer resources
- **40 Words for 40 Days of Lent**: Produced by the Diocese of Norwich, Revd Canon Susanna Gunner has chosen 40 words for each day of Lent. A different word will be under the spotlight each day with ideas to mull over. Sign up on the website or access them through Facebook, Twitter or Instagram.
- **Diocese of Norwich: Mission Hub Lent** The Mission Hub is full of ideas for Lent from online retreats, to family activities and crafts as well as useful “Kindness Calendars” to help us strive toward a more holy Lent each day.
- **The Bishops Lent Appeal— Count Your Blessings** This thought provoking book asks us to count our blessings everyday. Across social media, colleagues from Norwich Cathedral have been making daily videos. There is also a sheet to help us Count our Blessings whilst also raising funds for the Lent Appeal
- **Discovering Prayer** A variety prayers that can be used in Lent and beyond.
- **Tearfund** Tearfund have a Lent Devotional Newsletter which you can sign up to as well as information about their work with people in need across the world.
- **The Visual Commentary on Scripture**: A free online resource that combines theological commentary on the Bible with works of art. Discover and compare art works in detail.