



From the kitchen window 30th April 2021

Many birds are now feeding young in the nest and it is fascinating to watch the parents frantically collecting food for them. Gloria has had up to eight Rooks at a time coming to her feeders: the nestlings in the trees by the car park are being very well fed! A pair of Starlings is nesting in a cavity above Frances' kitchen window, so she has excellent views of all their comings and goings. Our gang of a dozen or so Starlings fly off to all points of the compass once they have a beak full of the mealworms we put out for them. Different species of bird nest at different times, depending on the type of food their nestlings require. Ian took a beautiful photo of a male Greenfinch singing from a tree in his garden, a sure sign that the female is still sitting on eggs. Once they hatch he will be too busy collecting food for his offspring to sing, other than as part of the dawn chorus. Some cock birds, such as Chiffchaffs, do sing throughout the breeding season, leaving their mates to raise the family but that is unusual among song birds. On a walk along the Marriotts Way at Alderford, Joan and Ian were very fortunate to have a brief glimpse of azure as a Kingfisher flashed past along the river. Further south, they saw lots of Swallows and House Martins feeding over gravel pits, where insects were plentiful. Hopefully, the House Martins will be back in Reepham before long: we just need some consistently warm weather. Insects are busy where the temperatures are high enough, as we found when walking on Kelling Heath. The wind was cold, but the instant we came to a sheltered spot and the sun came out, the whole area was alive with a variety of creatures. There were many solitary mining bees provisioning their burrows; flies; spiders; a bright Green Tiger beetle and several Black-banded Spider wasps. We watched one of these black and orange solitary wasps carrying a large juicy spider it had caught and paralysed, as it struggled to get it back to its burrow, having to navigate large stones and dead pieces of gorse as it did so, while holding the spider above its head! It is when you slow down and look carefully, that you begin to see just how wonderfully intricate God's creation is. Do send any sightings of wildlife that you have, so we can all share them rachel.42rr@btinternet.com



Pew Notes

Sunday 2nd May (Fifth Sunday of Easter)

9am	Salle	Holy Communion (BCP)
10.30am	Weston Longville	Holy Communion
10.30am	Elsing	Holy Communion
10.30am	Reepham	Morning Worship
10.30am	Sparham	OASIS

W/C 3rd May	Mon	Tues	Wed	Thurs
Morning Prayer				
Holy Communion			10.30am St Mary's Reepham	
Midday Prayer			12noon Zoom	
Evening Prayer		6pm St Michael's Chancel, Reepham	6pm St Michael's Chancel, Reepham	6pm Zoom

Sunday 9th May (Sixth Sunday of Easter)

9am	Bylaugh	Holy Communion (BCP)
9am	Thurning	Holy Communion
10.30am	Reepham	Holy Communion
10.30am	Great Witchingham	Holy Communion
10.30am	Elsing	Word and Praise

The Rev'd. Helen Rengert, 01603 879275 revdhelenrww@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com

The Rev'd. Judith Sweetman, 07484862962 (Friday to Sunday)

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Email Annie parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events **TWITTER:** RAWTeam

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Pew Notes are available to download from the RWV website and the E-newsletter



**Words of Light and Hope from
Lay Minister Sue Page**

[Try saying these words with pauses
and silence between the sections
once or twice a day]

Presence

To be present is to arrive as I am..
And I open up to the other.
At this instant as I arrive here
God is present and waiting for me...
God always arrives before me
Desiring to connect with me,
Even more than my closest friend.
I take a moment of stillness...
And greet my Loving Lord.
"Be Still...and Know that I am God

Psalm 46

Wild Geese

You do not have to be good.
You do not have to walk on your
knees
For a hundred miles through the de-
sert, repenting.
You only have to let the soft animal
of your body
love what it loves.
Tell me about despair, yours, and I
will tell you mine.
Meanwhile the world goes on.
Meanwhile the sun and the clear
pebbles of the rain
are moving across the landscapes,
over the prairies and the deep trees,
the mountains and the rivers.

Meanwhile the wild geese, high in
the clean blue air,
are heading home again.
Whoever you are, no matter how
lonely,
the world offers itself to your
imagination,
calls to you like the wild geese, harsh
and exciting --
over and over announcing your place
in the family of things
By Mary Oliver

St Teresa wrote "Not all of us can do
great things... but we can do little
things with great love !'

Greta Thunberg has recently said
"No one is too small to make a
difference!'

Prayer

Lord, You said to your disciples,
'Stay, and Watch with me!'
You said this before Your suffering
and death!
I know, Lord, that You will stay with
me all the days of my Life!

May the power of God guide you,
The might of God uphold you,
The wisdom of God teach you,
The eye of God watch over you,
The ear of God hear you,
The word of God give you speech,
The hand of God protect you,
The way of God go before you,
The shield of God shelter you.

John 15:1-8 *Hear the gospel of our Lord Jesus Christ according to John. Jesus
said to his disciples:*

"I am the true vine, and my Father is the vine-grower. He removes every
branch in me that bears no fruit. Every branch that bears fruit he prunes to
make it bear more fruit. You have already been cleansed by the word that I
have spoken to you. Abide in me as I abide in you. Just as the branch cannot
bear fruit by itself unless it abides in the vine, neither can you unless you
abide in me. I am the vine, you are the branches. Those who abide in me and
I in them bear much fruit, because apart from me you can do nothing. Who-
ever does not abide in me is thrown away like a branch and withers; such
branches are gathered, thrown into the fire, and burned. If you abide in me,
and my words abide in you, ask for whatever you wish, and it will be done
for you. My Father is glorified by this, that you bear much fruit and become
my disciples."

Weekly On Wednesdays

WoW will return on **Wednesday 19th May** with our weekly "gathering" for
those who wish to discuss and dig a little deeper into topics around
Christianity.

The next 5 sessions will be about Thy Kingdom Come; the global prayer
movement inviting Christians to come together in prayer from Ascension
Day to Pentecost. We will be discussing what Thy Kingdom Come means
personally, locally, nationally, globally and what we can learn from it. You
can learn more about it at www.thykingdomcome.global

Please join us every Wednesday from 19th May on Zoom from 7pm to 8pm.
We hope to meet in person when circumstances allow.

Zoom meeting ID: 836 9720 0393 Password: 102113 Everyone is welcome.

'It's Your Move' booklets: The church gives this booklet to all year 6 pupils
at Reepham Primary School at the end of the summer term to help them
prepare for the transition to High School. If you would like to donate
towards this, the booklets are £1.60 each and there are about 31 pupils in
year 6. Donations to David Richmond, 42 Richmond Rise, Reepham. Any
surplus will go into the Ann Munt Fund for children's work.