

From the kitchen window 21st May 2021

Here we are in the middle of May and at last it feels as if life might be getting back to some sort of normality, in that we can see family and friends indoors again at last. It has been a very long, slow year so far and the weather we have had held back the wildlife too, especially the plants. In a normal year, Hawthorn is usually flowering by the beginning of May, whereas this year it is three weeks late, but what a wonderful show it is making in the hedgerows, especially when the sun is shining. Jane sent a wonderful photo of a carpet of Cowslips on the Magog Downs near Cambridge. Cowslips need chalky soil to flourish, so are rarely seen in our part of Norfolk. We have banks of Primroses earlier in the year instead which grow on clay. The type of soil determines which plants will grow where. The bank at Booton continues to provide surprises. Hoary Cinquefoil is now flowering. It is a low growing, straggling plant with silver undersides to the leaves and small yellow flowers. It grows on sandy soil, as does the Prickly Poppy nearby. This has petals that tend to orange rather than red and do not overlap, making it look rather pathetic. When the seed pods ripen they will be elongated with sparse bristles, rather than the rounded, smooth capsules of the Common



Poppy. The bank on the opposite side of the lane is quite different in that it is smothered with the rounded leaves and white blossom of Meadow Saxifrage. Last year, because of the dry weather, there were far fewer flowers. The wet winter must have helped its recovery. Judith was surprised to see a Red Kite drifting low over Cawston Road. Seen close to they have impressively long wings and a very mobile forked tail which they use as a rudder; much more elegant than the chunkier Buzzards which can also be seen soaring round on outstretched wings. Nearer home, I am pleased to report that we have a fast growing family of Great Tits in the sparrow terrace nest box on the end of the house. We hear them calling as we walk past but rarely see the adult birds despite the nest box being near the back door as they are suitably cautious. Do send any sightings of wildlife that you have, so we can all share them rachel.42rr@btinternet.com



Sunday 23rd May (Pentecost)

10.30am Swannington

Whole Benefice Holy Communion

Saturday 26th June—Sparham Garden Party, 2pm next to St Mary's Church.

Everyone is welcome to join us from 2pm for delicious homemade teas, games and sideshows, plants and cakes to buy - see RWV website for more details.

Sunday 30th May (Trinity)

9am	Bylaugh	Matins
9am	Thurning	Matins
10.30am	Lyng	Word and Praise
10.30am	Reepham	Holy Communion



Thinking of and holding in our prayers... Please light a candle as we pray and remember:

Mick Evans, former Church Warden of Alderford and **Jean Grey** of Alderford

Our thoughts are with those who knew and loved them .

The Rev'd. Helen Rengert, 01603 879275 revdhelenrwv@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com

The Rev'd. Judith Sweetman, 07484862962 (*Friday to Sunday*)

judith.sweetman@btinternet.com

Email Annie parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events **TWITTER:** RAWTeam

WEBSITE: www.reepham-and-wensum-team-churches.org.uk

Pew Notes are available to download from the RWV website and the E-newsletter

**Words of Light and Hope from
Sue Page, Lay Minister**

Jesus said
“When the Spirit come, who reveals
the truth about God. He will lead you
into all the Truth.

After He had Risen He said to His
disciples
‘Peace be with you...
Jesus breathed on them and He said
“Receive the Holy Spirit

Prayer

Lord, you have committed yourself
to love us to the end.
Help us to respond with new depths
to our loving,

New heights to our praising,
New lengths to our serving,
New breadths to our praying
As we follow in the footsteps of
Christ

Filled with your Holy Spirit. **Amen**

When you strip it of everything else,
Pentecost stands for power and life.
That’s what came into the church
when the Holy Spirit came down on
the day of Pentecost.

“The Cross and the Switchblade”

by D Wilkerson

**Christ the Tree
A poem by Ann Lewin**

Deep-rooted in the
Love of God the Father,
Moving responding to
The Spirit’s power;
Drawing all people
By your ageless
wisdom, giving
To all who come
Healing and strength;
Life bursting forth
Disturbing, powerful;
Cut down,
But bearing fruit.
Here I will rest,
And wait until the sap rises,
Your life in mine,
My resurrection.

Without the Spirit of God, we can
do nothing. We are as ships with-
out wind. We are useless.

Charles Spurgeon

Generous God, pour your abun-
dant life into my
heart. Help me to live differently.
And today may
others see and receive this offer
of life through me

Amen

John 15:26-27; 16:4b-15

Hear the gospel of our Lord Jesus Christ according to John. Jesus spoke to his disciples: “When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning. I have said these things to you so that when their hour comes you may remember that I told you about them. I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, ‘Where are you going?’ But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgement: about sin, because they do not believe in me; about righteousness, because I am going to the Father and you will see me no longer; about judgement, because the ruler of this world has been condemned. I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.”

	Mon	Tues	Wed	Thurs
Morning Prayer	8am St Michael’s Chancel, Reepham	8am St Michael’s Chancel, Reepham	8am St Michael’s Chancel, Reepham	8am Zoom
Holy Communion			10.30am St Mary’s Reepham	
Midday Prayer			12noon Zoom	
Evening Prayer		6pm St Michael’s Chancel, Reepham	6pm St Michael’s Chancel, Reepham	6pm Zoom

Save the date: Saturday 31st July—Elsing Fun Day! Car boot from 9am, dog show, fete, teas, evening entertainment & more! See RWV website for details. Contact Di via email: tdskipper@btconnect.com for pitches.