

From the kitchen window 7th May 2021

What a difference a day can make. On Friday of last week we visited a Breckland heath in the south-west of the county in warm and sunny weather and we were delighted to hear Wood Lark and Tree Pipit singing, as well as Whitethroats and other summer warblers around the scrubby edges. There were disappointingly few flowers, due to the lack of rain in April, which the current wet spell should soon alleviate. The following day it was cloudy and cold when we walked along Catchback Lane and came upon a flock of about one hundred Fieldfare spread out along a hedgerow. They were very noisy and restless, flying from perch to perch, down to the ground and back into the trees. They were ready to head off to the continent to breed, but had been held up by the northerly winds for weeks. Three days later we saw



another smaller party heading north-west over Reepham: they couldn't wait any longer and would have been working their way up the country to island hop from the Scottish mainland to Orkney to Shetland and on to Scandinavia. In early May we are usually on the lookout for the first Swifts rather than seeing the last winter visitors! At least there are now flowers in bloom in many places. Judith and Rufus, visiting Blickling Woods and

Guestwick, photographed pale lilac Lady's Smock, white racemes of Bird Cherry, magenta Early Purple Orchids and the green hooded Wild Arum. Lady's Smock is also known as Cuckoo Flower and Wild Arum, Cuckoo Pint, indicating that both are usually in flower when the first Cuckoos arrive. Sadly the call of the Cuckoo is now rarely heard in this part of Norfolk but it still can be found in the Broads and Breck. We saw Lady's Smock just opening its petals in a damp, unimproved meadow in Reepham, where leaves of one of the Spotted Orchids and Water Mint were also growing. There were Slender Groundhoppers in an area of bare mud but those were the only insects we found that day. On dull cold days it must be hard for the summer visiting birds to find enough food to survive, never mind to get into breeding condition, which is why they had no time to sing and the bushes were silent. We will go back again when it is warm and sunny and hopefully there will be plenty of birdsong and flowers. *Do send any sightings of wildlife that you have, so we can all share them rachel.42rr@btinternet.com*



Pew Notes

Sunday 9th May (Sixth Sunday of Easter)

9am	Bylaugh	Holy Communion (BCP)
9am	Thurning	Holy Communion
10.30am	Reepham	Holy Communion
10.30am	Great Witchingham	Holy Communion
10.30am	Elsing	Word and Praise

'It's Your Move' booklets: The church gives this booklet to all year 6 pupils at Reepham Primary School at the end of the summer term to help them prepare for the transition to High School. If you would like to donate towards this, the booklets are £1.60 each and there are about 31 pupils in year 6. Donations to David Richmond, 42 Richmond Rise, Reepham. Any surplus will go into the Ann Munt Fund for children's work.

Sunday 16th May (Seventh Sunday of Easter)

9am	Sparham	Holy Communion
9am	Wood Dalling	Holy Communion
10.30am	Attlebridge	Holy Communion
10.30am	Lyng	Holy Communion
10.30am	Reepham	Café Style Church
6pm	Salle	Evening Prayer

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Pew Notes are available to download from the RWV website and the E-newsletter



Words of Light and Hope from Tony Hawes.

On May 8th the Church remembers Mother Julian of Norwich, Anchoress and Spiritual Writer, c 1342 - 1417.

In her 'Revelations' Julian says:

He showed me a little thing, the size of a hazelnut, in the palm of my hand, and it was as round as a ball.

I looked at it with my mind's eye and thought, 'What can this be?' And the answer came, 'It is all that is made.'

I marvelled that it could last, for I thought it might have crumbled to nothing, it was so small.

And the answer came into my mind, 'It lasts and ever shall because God loves it.'

And all things have being through the love of God.....

In this little thing I saw three truths.

The first is that God made it.

The second is that God loves it.
The third is that God looks after it.....

In His Love He wraps and holds us. He enfolds us for love and He will never let us go.....

All shall be well, and all shall be well, and all manner of thing shall be well.....

In the Gospel of John, Jesus says:

This is my commandment, that you love one another as I have loved you. Greater love has no man than this, that a man lay down his life for his friends.

Prayer

Most Holy Lord, the ground of our beseeching, who through your servant Julian revealed the wonder of your love, grant that as we are created in your nature and restored by your grace, our wills may be so made one with yours, that we may come to see you face to face, and gaze on you for ever. *Amen.*

GOSPEL John 17:6-19 *Hear the gospel of our Lord Jesus Christ according to John.*

Jesus looked up to heaven and prayed: "Father, I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. I am not asking you to take them out of the world, but I ask you to protect them from the evil one. They do not belong to the world, just as I do not belong to the world. Sanctify them in the truth; your word is truth. As you have sent me into the world, so I have sent them into the world. And for their sakes I sanctify myself, so that they also may be sanctified in truth."

Weekly On Wednesdays

WoW will return on **Wednesday 19th May** with our weekly "gathering" for those who wish to discuss and dig a little deeper into topics around Christianity.

Over the next 5 sessions we will be discussing what Thy Kingdom Come means personally, locally, nationally, globally and what we can learn from it. You can learn more about it at www.thykingdomcome.global

Please join us every Wednesday from 19th May on Zoom from 7pm to 8pm. We hope to meet in person when circumstances allow.

Zoom meeting ID: 836 9720 0393 Password: 102113 Everyone is welcome.

Christian Aid week is 10th-16th May. This year's focus is on Climate Change and poverty, which has a disproportionate effect on the world's poorest communities. In Reepham filled donation envelopes can be handed in at Motts Pharmacy and the post office. Pam Smith of Swannington is also fundraising by walking 300,000 steps in May. Donations can be made at www.justgiving.com search "Pamela's 300,000 steps in May".