

### Afternoon Tea in memory of Edward 'Ted' Willem

There will be a celebration of the life of Ted Willem, whose funeral was held in Reepham in February this year. The family would like those who knew Ted to join them in St Michael's, Reepham on **Saturday 7th August, 2pm** to remember Ted and celebrate his life with afternoon tea together.

**IT'S BACK!** Sparham Garden Party will be taking place on Saturday 7th August from 2pm, next to Sparham Church (NR9 5PR). Join us for music, entertainment, homemade teas, traditional games and side shows, cake stall, flying toys and much more. As part of the event, this beautiful, handmade crocheted blanket will be auctioned off to raise funds for the church. It is perfect for keeping of an evening chill or brightening up any chair! Dimensions 90 x 105cm). Online bids via email [Judith@pryke.co.uk](mailto:Judith@pryke.co.uk) are accepted until 10pm on Friday 6th August.



### Swannington Play Area Grand Opening and Table Top Sale

Saturday 14th August 10am-3pm at Swannington Play Area. Join us for a family friendly fun day to celebrate the new play area with games, refreshments, tombola and a table top sale. Pitches are £5, contact [swannington@btinternet.com](mailto:swannington@btinternet.com) to book a space. Donations of cakes to Mary Gurteen 01603 869324. All proceeds to Play Area and St Margaret's Church.

**Lyng Church BBQ**—Saturday 22nd August, 12.30pm for 1pm, Bramble Cottage, Lyng Easthaugh.

Cost £10 for adults, £5 for children to include a selection of meats, salads, desserts, and tea and coffee. Bring your own drinks and glasses, (plates and cutlery provided). Tickets available from Carol Brigham 01603 872275, Jennifer Abram 01603879452 and Edwin Speakman 01603 872522. All proceeds to St Margaret's Church, Lyng.

**Save the date!** Saturday 11th September—The Norfolk Churches Trust Sponsored Bike Ride **Saturday 23rd October 2021—Benefice Away Day**



REEPHAM & WENSUM VALLEY  
TEAM CHURCHES

# Pew Notes

## Sunday 1st August (9th Sunday after Trinity)

9am	Salle	Holy Communion
10.30am	Sparham	OASIS
10.30am	Reepham	Morning Worship
10.30am	Elsing	Holy Communion
10.30am	Weston Longville	Holy Communion

**SCAM EMAILS** Members across the benefice have been receiving a scam email which appears to come from someone they know. The email, entitled "Are you by your email?", has the following message:

**Good Morning , How was your night? I do have a bit of a situation I need taken care of with your help. Kindly let me know once you are by your e-mail. Cheers**

If you receive this email, **delete it and report it** to your email provider as a scam or phishing email. **Do not reply**, if you are concerned, call the sender to check if it is genuine. It is advisable to change your password and that the person whose account has been compromised changes their password too.

## Sunday 8th August (10th Sunday after Trinity)

9am	Bylaugh	Holy Communion (BCP)
9am	Thurning	Holy Communion
10.30am	Reepham	Holy Communion
10.30am	Gt. Witchingham	Holy Communion
10.30am	Elsing	Word and Praise

The Rev'd. Helen Rengert, 01603 879275 [revdhelenrwv@gmail.com](mailto:revdhelenrwv@gmail.com)

The Rev'd. Keith Rengert, 01603 879275 [revdkeith@gmail.com](mailto:revdkeith@gmail.com)

The Rev'd. Judith Sweetman, 07484862962 (*Friday to Sunday*)

[judith.sweetman@btinternet.com](mailto:judith.sweetman@btinternet.com)

Email Annie [parishofficerwv@gmail.com](mailto:parishofficerwv@gmail.com) to submit articles or join the mailing list.

**FACEBOOK:** Reepham & Wensum Valley Events **TWITTER:** RAWTeam

**WEBSITE:** [www.reepham-and-wensum-team-churches.org.uk](http://www.reepham-and-wensum-team-churches.org.uk)

Pew Notes are available to download from the RWV website and the E-newsletter

**Words of Light and Hope  
From Tony Hawes**

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." **John 6.35.**

Be gentle when you touch Bread.  
Let it not lie uncared for  
.....unwanted.

So often Bread is taken for granted.

There is so much beauty in Bread....

Beauty of sun and soil. Beauty of patient toil.

Winds and rain have caressed it, Christ so often blessed it.

Be gentle when you touch Bread.

**Old Scottish verse.**

And then, at table  
he took bread  
said the blessing  
and broke it to share.....  
and he was gone.....

but look  
we are here  
to tell the world,  
that we knew Jesus  
when he broke the bread.

**Jan Sutch Pickard.**

Put peace into each other's hands with loving expectation;  
be gentle in your words and ways,  
in touch with God's creation.

Put peace into each other's hands like bread we break for sharing;  
look people warmly in the eye:  
our life is meant for caring.

**Fred Kaan.**

May all that nourishes and resources your life  
bring you daily satisfaction and renewed hope.

May you slow your hurried pace of life  
so you can be aware of, and enjoy,  
what you too easily take for granted.

May you always be open, willing, and ready to share your blessings with others.

May you never forget the Generous One  
who loves you lavishly and unconditionally.

**Joyce Rupp.**



**Gospel John 6:24-35**

*Hear the gospel of our Lord Jesus Christ according to John.*

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

We are continuing to support our local foodbanks. If you are able to, please consider donating the following items which our local foodbanks are running low on:

- Long Life Milk
- Tinned Fruit and Tinned Meat
- Jam

- Sponge, puddings and custard
- Squash
- Instant snacks— Mugshot, Pot Noodle, Cuppa Soup etc
- Sweets/ Chocolate
- Male and Female deodorants
- Shampoo and Conditioner
- Household Cleaning Products