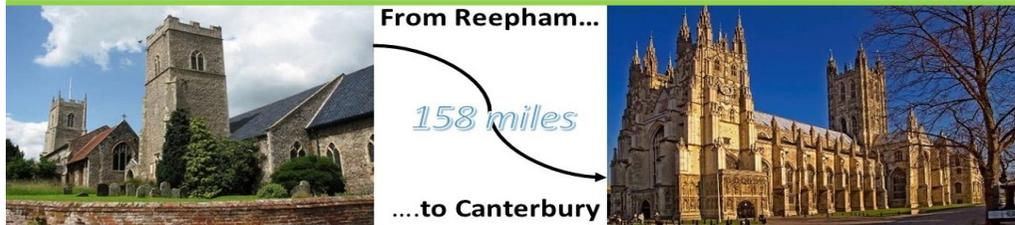


Lyng Junior Choir Children in Lyng are busy practising their Harvest Songs as part of a new Junior Choir. The choir meets to practise in Lyng Church on the 3rd Saturday of the month between 4 and 5pm and the 3rd Sunday of the month between 10.20am and 11.20am. The choir is open to all children across the benefice. As well as singing we will also be organising lots of other fun trips and socials for our members. Come and see us at the Lyng Fling on 11th September from 2–3pm or join us for a taster session on 18th and 19th September.

Wild Messy Church will be returning on Sunday 12th September at **Gt Witchingham Village Hall** at 4.30-6pm.

Each sessions will have games, a Bible story, light refreshments and this month we will be den and shelter building. Wild Messy Church is a place for children and their families and carers to gather together to share activities, stories, food and family time. Sessions are free and there is no requirement to book.



Sponsored Virtual Pilgrimage

in aid of St Mary's and St Michael's Churches, Reepham

"Youth may outrun the old, but not outwit."

Pilgrims are invited to complete these miles by foot or by bicycle within an agreed timescale (up to 6 months). You can start at any time and can ask to be sponsored by the mile, stage or as a one off pledge. Visit the website for more information or collect a pack from the back of St Mary's, Reepham.

Coming up: Saturday 11th September, Lyng Fling, 12noon-3pm, at Lyng Village Hall **Sunday 25th September, Reepham Rotary Preachathon 9am-7pm in St Mary's**, Saturday 23rd October—Benefice Away Day



REEPHAM & WENSUM VALLEY
TEAM CHURCHES

Pew Notes

Sunday 5th September (14th Sunday after Trinity)

9.00am	Salle	Holy Communion (BCP)
10.30am	Reepham	Morning Worship
10.30am	Sparham	OASIS
10.30am	Elsing	Holy Communion
10.30am	Weston Longville	Holy Communion

Wonder On Wednesdays Our weekly "gathering" for those who wish to discuss and dig a little deeper into topics around Christianity is returning in September! Please join us every Wednesday from 15th September on Zoom from 7pm to 8pm. **Zoom meeting ID: 836 9720 0393 Password: 102113** Everyone is welcome.

For those aged 16 years and over, each month there will also be a **WOW Social** on the 2nd Thursday of the month from 7pm to 8pm in St Michael's, Reepham, where we can meet and share a meal together and talk about our WOW moments. **Our first social is on Thursday 9th September.**

Sunday 12th September (15th Sunday after Trinity)

9am	Bylaugh	Holy Communion (BCP)
9am	Thurning	Holy Communion
10.30am	Lyng	Word and Praise
10.30am	Reepham	Holy Communion
10.30am	Great Witchingham	Holy Communion

The Rev'd. Helen Rengert, 01603 879275 revdhelenrww@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com

The Rev'd. Judith Sweetman, 07484862962 (*Friday to Sunday*)

judith.sweetman@btinternet.com

Email Annie parishofficerww@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events **TWITTER:** RAWTeam

WEBSITE: www.reepham-and-wensum-team-churches.org.uk

Pew Notes are available to download from the RWV website and the E-newsletter

Words of Light and Hope from Sue Page, LLM

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. Ezekiel 36 26

Eternal God.

In your Son Jesus Christ
You reveal your love for the world,
And by the grace of the Holy Spirit
You give us the strength to share His mission among our neighbours and friends in this benefice:

Help us to grow in proclaiming your Good news, drawing others to know you,

Serving our communities,
Promoting justice and peace
And sustaining the well-being
Of the life of the earth
Through the same Jesus Christ our Lord Amen

“The Power of Love is greater than the Love of Power!”

George Macleod

I remind myself that, as I sit here now,
God is gazing on me with love and holding me in being.
I pause for a moment and think of this.

Lord, guide me always
to do your holy will
knowing that your strength
will carry me through
Life is busy Lord

Often my best intentions are left undone.

But I know that you are with me in all I say and do,

And in everyone I meet with daily..

Words don't come easily to me, Lord.

Look into my heart
and see my longing for peace.

Watch over me, Lord.

I know that you are always by my side.

Sacred Space

Jesus did not come to explain away suffering
or remove it.

He came to fill it with his presence

Paul Claudel

Never forget that you are utterly precious in God's eyes!

He adores you...and longs for you to be filled with joy and peace!

SP

“And You, Lord, are LOVE
When we kick You in the teeth,
Your sole concern is whether
we have stubbed our toes!!

George Macleod

Mark 7:24-37

Hear the gospel of our Lord Jesus Christ according to Mark.

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, “Let the children be fed first, for it is not fair to take the children’s food and throw it to the dogs.” But she answered him, “Sir, even the dogs under the table eat the children’s crumbs.” Then he said to her, “For saying that, you may go – the demon has left your daughter.” So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, “Ephphatha,” that is, “Be opened.” And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.”

The annual Norfolk Churches Trust Sponsored Bike Ride and Walk is happening next week!

Each parish is invited to enter a team to raise funds for their church, by visiting as many Norfolk churches as they can on **Saturday 11th September**.

Good luck to all those who are cycling or walking for their churches. Please do sponsor them if you can!

