

WORDS OF LIGHT AND HOPE, Sunday April 14th 2024 Easter 3

by Sue Page LLM

Regarding Spring

We find ourselves surrounded by the Spring, see it in flowers and our orchard trees. The Lenten Roses turn like fasting souls, the Bleeding Hearts lean breaking in the fog. Pale plum buds that we peel with little knives show Christ's five wounds, each blossom like a brain. Under our eaves, the robin's muddy nest spills raving chicks, each pricked by their half-quills. The forest keeps close counsel, shrugs warm light, the fawn's green rib blooms fungus in the rain. Fresh moss chews shingles, shamed trees bow away, and every little gift comes at a price. Now when we walk, we walk like in a dream. Understanding nothing. But we know what it means. *Paul. J Pastor*

A Prayer for All

Lord of every generation, we lift before you: The elderly who have lived long, struggling with failing health; Those in the prime of life, distracted by many things; Young people with their energies and hopes for a better future; And our children, who inspire us to come with open hearts and curious minds To explore the mysteries and wonders of Your Love. Come close to each generation, Lord, And make each a blessing to the other. Amen BRF

Two Laws

Our work must follow two laws. We may not bear grudges against anyone, for the kingdom of God is God's love for all people. And we must not annoy, scorn, or despise any of the poor as of less value than ourselves. You are yourself a miserable wretch if you treat them as though they were of no value. We must always have God's values before our eyes. God's treasure lies within each person, not with the great and powerful of this earth. We must firmly believe that each person is destined for the kingdom of God, so let us stop judging and condemning them. *C Blumhardt*

You don't need to create your own Hope The sky is full of it. Wake up early one day [I dare you] and watch the sun rise. Watch how it encourages The earth To become itself...only more so, Watch how it allows all things [even the sad beings] to be colourful and beautiful, then listen, listen as it says, quietly, undoubtedly, "we begin again! *Gideon Heugh Tearfund*



REEPHAM & WENSUM VALLEY
TEAM CHURCHES

Pew Notes

18th April: 10:30 –12 noon: Lyng coffee morning

24th April: 10am—12 noon : Swannington coffee morning

Services for next week: Sunday 21st April,

9:00am Holy Communion, St Andrews, Wood Dalling

10:00am Café Church (service at 10:30am) St Michael's, Reepham ,

10:30am Holy Communion, St Andrew's, Attlebridge

10:30am Holy Communion, St Margret's, Lyng

6pm Evening Prayer, St Peter & St Paul's, Salle

The Rev'd. Helen Rengert, 01603 879275 revdhelenrww@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com (Sunday only)

The Rev'd. Judith Sweetman, 07484862962 (Friday to Sunday)

judith.sweetman@btinternet.com

The Rev'd. Richard Turk, 07721 035009 revdrichardrww@gmail.com

Email parishofficerww@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events

WEBSITE: www.reepham-and-wensum-valley-team-churches.org.uk

Pew Notes are available to download from the RWV website and the E-newsletter

If you have any safeguarding concerns, please contact your Parish Safeguarding Officer.
Details in the church porch or on the RWV website.

Acts 3:12-19

Peter addressed the people, "You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you. "And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out."

Psalms 4 *Cum invocarem*

1 Answer me when I call, O God, defender of my cause you set me free when I am hard-pressed; have mercy on me and hear my prayer.
2 "You mortals, how long will you dishonor my glory; how long will you worship dumb idols and run after false gods?"
3 Know that the LORD does wonders for the faithful; when I call upon the LORD, he will hear me.
4 Tremble, then, and do not sin; speak to your heart in silence upon your bed.
5 Offer the appointed sacrifices and put your trust in the LORD.
6 Many are saying, "Oh, that we might see better times!" Lift up the light of your countenance upon us, O LORD.
7 You have put gladness in my heart, more than when grain and wine and oil increase.
8 I lie down in peace; at once I fall asleep; for only you, LORD, make me dwell in safety.



1 John 3:1-7

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure. Everyone who commits sin is guilty of lawlessness; sin is lawlessness. You know that he was revealed to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.



Luke 24:36b-48

Jesus himself stood among the disciples and said to them, "Peace be with you." They were startled and terrified, and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence. Then he said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.