

## Words of Light and Hope from Tony Hawes for Trinity Sunday.

God is deeper than the ocean  
More mysterious than the sea  
The more I plunge into your depths  
Greater treasures do I find  
The more I find the more I seek  
I rejoice in your depths  
I long to know your mysteries  
I am immersed in your presence  
Grant that I may reveal your love  
And come to you in adoration.....

As the darkened pool is stilled  
It reflects the blue sky above  
So may my quiet mind reflect  
O God, your glory and your love.

As the sea glows in the moonlight  
Light of lights, come and shine  
Let my life reveal your light  
Until I reflect the light divine.

As the earth reflects the sunshine  
Light of the Creator be mine  
Light of the Saviour be mine  
Light of the Spirit be mine.

Each dawning and each night  
O God, may I reflect your light  
Each night and each day  
Light of God, guide my way.

From "Island of Light" by David Adam, SPCK.



REEPHAM & WENSUM VALLEY  
TEAM CHURCHES

# Pew Notes



### Service for next week 7th June:

**9am:** Holy Communion (BCP), St Peter's & St Paul's, Salle

**10am:** Café Church (service at 10:30), St Michael's, Reepham

**10:30am:** Holy Communion, All Saints, Weston Longville.

**For more information on any events please see our website or Facebook page or contact Joy to be on our weekly newsletter.**

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Email [parishofficerwv@gmail.com](mailto:parishofficerwv@gmail.com) to submit articles or join the mailing list.

**FACEBOOK:** Reepham & Wensum Valley Events

**WEBSITE:** [www.reepham-and-wensum-valley-team-churches.org.uk](http://www.reepham-and-wensum-valley-team-churches.org.uk)

To contact the administrator Joy, please either email or call 07770672329..

**Pew Notes are available to download from the RWV website and the E-newsletter**

**If you have any safeguarding concerns, please contact your Parish Safeguarding Officer. Details in the church porch or on the RWV website:**  
<https://www.reepham-and-wensum-valley-team-churches.org.uk/>

## Collect

Almighty and everlasting God, you have given us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity and in the power of the divine majesty to worship the Unity: keep us steadfast in this faith, that we may evermore be defended from all adversities; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## Isaiah 40:12-17

<sup>12</sup> Who has measured the waters in the hollow of his hand, or with the breadth of his hand marked off the heavens? Who has held the dust of the earth in a basket, or weighed the mountains on the scales and the hills in a balance? <sup>13</sup> Who can fathom the Spirit<sup>a</sup> of the LORD, or instruct the LORD as his counsellor? <sup>14</sup> Whom did the LORD consult to enlighten him, and who taught him the right way? Who was it that taught him knowledge, or showed him the path of understanding? <sup>15</sup> Surely the nations are like a drop in a bucket; they are regarded as dust on the scales; he weighs the islands as though they were fine dust. <sup>16</sup> Lebanon is not sufficient for altar fires, nor its animals enough for burnt offerings. <sup>17</sup> Before him all the nations are as nothing; they are regarded by him as worthless and less than nothing. Why do you complain, Jacob? Why do you say, Israel, "My way is hidden from the LORD; my cause is disregarded by my God"? <sup>28</sup> Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. <sup>29</sup> He gives strength to the weary and increases the power of the weak. <sup>30</sup> Even youths grow tired and weary, and young men stumble and fall; <sup>31</sup> but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

## 2 Corinthians 13:11-13

<sup>11</sup> Finally, brothers and sisters, rejoice! Strive for full restoration, encourage one another, be of one mind, live in peace. And the God of love and peace will be with you. <sup>12</sup> Greet one another with a holy kiss. <sup>13</sup> All God's people here send their greetings. <sup>14</sup> May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

## Matthew 28:16-20

<sup>16</sup> Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. <sup>17</sup> When they saw him, they worshiped him; but some doubted. <sup>18</sup> Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. <sup>19</sup> Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup> and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

## Psalms 8

1 O LORD our Governor, how exalted is your Name in all the world!  
2 Out of the mouths of infants and children your majesty is praised above the heavens.  
3 You have set up a stronghold against your adversaries, to quell the enemy and the avenger.  
4 When I consider your heavens, the work of your fingers, the moon and the stars you have set in their courses,  
5 What is man that you should be mindful of him? the son of man that you should seek him out?  
6 You have made him but little lower than the angels; you adorn him with glory and honor;  
7 You give him mastery over the works of your hands; you put all things under his feet:  
8 All sheep and oxen, even the wild beasts of the field,  
9 The birds of the air, the fish of the sea, and whatsoever walks in the paths of the sea.  
10 O LORD our Governor, how exalted is your Name in all the world!

## Post Communion

Almighty and eternal God, you have revealed yourself as Father, Son and Holy Spirit, and live and reign in the perfect unity of love: hold us firm in this faith, that we may know you in all your ways and evermore rejoice in your eternal glory, who are three Persons yet one God, now and for ever.