

Words of Light and Hope from Tony Foottit.

Wheat - 31st August - Aidan.

Aidan was an Irishman who helped to evangelise Northern Britain from his headquarters on the Holy Island of Lindisfarne. Celtic spirituality is increasingly appreciated with its celebration of the natural world. Wheat provides a good proportion of our food in bread and cereals. A large proportion of our needs are met by plants and trees. Wheat shares certain characteristics with all flowering plants. All have roots, stalks, leaves, flowers and fruits. We obtain a lot of food directly from roots, such as carrots and parsnips, beetroot and radishes, potatoes and artichokes and from many products of roots such as sugar, horseradish, ginger and chicory. Every plant depends on its roots to live and flourish. Unseen roots draw water and minerals from the soil. You and I have roots too, parents, ancestors, history and experience. But our taproot is God himself who gives us life and love and grace. In the story of the sower, the seeds with no roots withered and died. So we give thanks for roots, the ones we eat, but also our own roots, which makes us the people we are and most of all for God himself who is the source of our life.....

The whole purpose of roots and stalks and leaves and flowers is to produce fruits and seeds. As well as grain for bread and grapes for wine, we enjoy apples and plums, strawberries and raspberries, tomatoes and marrows, peas and beans, exotic avocados and humble blackberries. But the fruits of the harvest are not equally shared. It is so easy to break the 8th Commandment, Thou shalt not steal. We break it whenever we overcharge for what we sell, or underpay for what we buy. Roots stalks, leaves, flowers, and fruits – we could not live without them. Holy Communion is a continuing drama of the sharing of all good gifts. In this great sacrament Christ enters our very lives in the bread and wine which are themselves products of seeds and fruit. Aidan died on 31st August 651. It is good to realise that we are united with him in the communion of saints. (From a Calendar of Wild Flowers – part.)



REEPHAM & WENSUM VALLEY
TEAM CHURCHES

Pew Notes

Services for next week:

Sunday 6th September:

9am: Holy Communion BCP, St Peter & St Paul's, Salle

10am: Café Church (Service at 10:30), St Michael's, Reepham

10:30 am: Holy Communion, All Saint's, Weston Longville

For more information on any events please see our website or Facebook page or contact Joy to be on our weekly newsletter.

For more information on any events please see our website or Facebook page or contact Joy to be on our weekly newsletter. If you have any events you would like advertised please contact Joy by email parishofficerwv@gmail.com

Email: Revd Nigel: revd.nigelkinsella@gmail.com

parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events

WEBSITE: www.reepham-and-wensum-valley-team-churches.org.uk

To contact the administrator Joy, please either email or call 07770672329..

Pew Notes are available to download from the RWV website

If you have any safeguarding concerns, please contact your Parish Safeguarding Officer. Details in the church porch **or on the RWV website:**

<https://www.reepham-and-wensum-valley-team-churches.org.uk>

Collect

Almighty God, who called your Church to bear witness that you were in Christ reconciling the world to yourself: help us to proclaim the good news of your love, that all who hear it may be drawn to you; through him who was lifted up on the cross, and reigns with you in the unity of the Holy Spirit, one God, now and for ever.

Romans 12.9-end

⁹ Let love be genuine; hate what is evil, hold fast to what is good; ¹⁰ love one another with mutual affection; outdo one another in showing honour. ¹¹ Do not lag in zeal, be ardent in spirit, serve the Lord. ¹² Rejoice in hope, be patient in suffering, persevere in prayer. ¹³ Contribute to the needs of the saints; extend hospitality to strangers. ¹⁴ Bless those who persecute you; bless and do not curse them. ¹⁵ Rejoice with those who rejoice, weep with those who weep. ¹⁶ Live in harmony with one another; do not be haughty, but associate with the lowly; ¹⁷ do not claim to be wiser than you are. ¹⁸ Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. ¹⁹ If it is possible, so far as it depends on you, live peaceably with all. ²⁰ Beloved, never avenge yourselves, but leave room for the wrath of God; ²¹ for it is written, 'Vengeance is mine, I will repay, says the Lord.' ²² No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' ²³ Do not be overcome by evil, but overcome evil with good.

Jeremiah 15:15-21

¹⁵ O LORD, you know; remember me and visit me, and bring down retribution for me on my persecutors. In your forbearance do not take me away; know that on your account I suffer insult. ¹⁶ Your words were found, and I ate them, and your words became to me a joy and the delight of my heart; for I am called by your name, O LORD, God of hosts. , ¹⁷ I did not sit in the company of merrymakers, nor did I rejoice; under the weight of your hand I sat alone, for you had filled me with indignation.

¹⁸ Why is my pain unceasing, my wound incurable, refusing to be healed? Truly, you are to me like a deceitful brook, like waters that fail. ¹⁹ Therefore, thus says the LORD: If you turn back, I will take you back, and you shall stand before me. If you utter what is precious, and not what is worthless, you shall serve as my mouth. It is they who will turn to you, not you who will turn to them. ²⁰ And I will make you to this people a fortified wall of bronze; they will fight against you, but they shall not prevail over you, for I am with you to save you and deliver you, says the LORD. ²¹ I will deliver you out of the hand of the wicked, and redeem you from the grasp of the ruthless.

Matthew 16.21-end

²¹ From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. ²² And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' ²³ But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.' ²⁴ Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. ²⁵ For those who want to save their life will lose it, and those who lose their life for my sake will find it. ²⁶ For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? ²⁷ For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. ²⁸ Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.'

Post Communion

God our creator, you feed your children with the true manna, the living bread from heaven: let this holy food sustain us through our earthly pilgrimage until we come to that place where hunger and thirst are no more; through Jesus Christ our Lord.